

teacher training application

An application is required for any student who is interested in attending Sphota Yoga School training programs.

Please be sure to complete the following:

1. Application
2. Payment Option Form
3. Program Participation Agreement
4. Short Essay describing why you want to take this training.

Please include thoughts about:

- previous experience and training
- why you practice
- your teaching experience (if applicable)
- your current physical, mental and/or emotional states
- your goals and expectations
- your current practice

Enrollment is limited to allow for more individual attention within the curriculum.
We recommend submitting an early application.

For questions, please contact Laurie Searle at: sphotayoga@gmail.com

You may submit your completed application by email to:
SphotaYoga@gmail.com

Address for mailed payments
1507 7th Street, Suite 92,
Santa Monica, CA 90403.

Application

Last Name

First

Middle

Street

Apt.

City

State

Zip/Postal

Country

Date of Birth

Home Phone

Cell Phone

E-mail

Emergency Contact Name

Phone

How did you hear about our teacher training program? _____

Program Participation Agreement

By signing and dating this application, each applicant is responsible to make sure they are in good health and have consulted with a physician before beginning the program. The applicant takes full responsibility for his or her health, any pain or injuries arising from participation in classes, physical exercises and postures, or from being on the premises and from use of any of the facilities in private or public areas in which training occurs. He or she holds neither William Duprey Yoga nor any of the instructors responsible for any injury or disturbances that they may incur.

The applicant is responsible for obtaining any passports or visas required for travel.

When accepted, the applicant will need to submit the non-refundable \$500 deposit, and make payments as agreed upon on the payment option form.

Certification requirements must be fulfilled during the training. We will notify you of special assignments and advise you toward completing requirements. Credit completion is mandatory for graduation. To be sure all requirements are met, make-up hours will be offered through pre-approval. Certification will be presented after the completion of all evaluations and payment of any fees due. You will be notified about books, supplies and schedules when they become available.

Signature

Date

Payment Option Form

I am interested in:

- 200 hour RYT Training – Hatha Vinyasa Flow with Uprising Yoga
- 300 hour RYT Training – Vinyasa Flow Mentorship
- 500 hour RYT Advanced Training – Hatha Yoga

All prices include a \$500 non-refundable deposit. A deposit is required upon registration.

A complete application is required for each program module.

Method of Payment:

Check included (payable to Yoga And Fitness To Go)

**Payment options are below

Total participation– 200 hour - \$2900, Deposit - \$500

300 hour \$2500

500 Hour program \$3500.

Signature

Date
